



Meditation, Meanderings and Musings from Pastor Kathy email: ksclark58@yahoo.com Cell 733-2162 Parsonage phone: 375-2427

"Don't just do something, sit there." - Sylvia Boorstein

So many images of seats! A back seat implies a lesser priority or an annoyance as in a back seat driver. Some come with a sense of importance like seats of power. Other seats evoke images of inclusion such as a seat at the table. In scripture in the song of Hannah, we hear of special concern and reverence of God raising the poor to a seat of honor. Christ himself is depicted as "seated at the right hand of God." Lots of roles in Hebrew society were described using seat imagery. Eli the priest has a designated seat while the scribes and Pharisees 'sit on Moses' seat" as interpreters of the law. Judges and God are both placed at various times on a "judgment seat." That's a lot of meaningful sitting!

With the delivery last Sunday of the two benches handcrafted by the Arlington Boy Scouts under the shade of the two trees on our green space on the first day of summer, we and anyone who happens down Ice Pond Road is invited to sit and rest. Or pray. Or chat. Or have a snack. Or read a book. Or listen to the birds. Or dream. The possibilities are endless but the peace and comfort to be found there, especially after the past 16 months, is an invitation. So often we measure success by how much we got done. What if this summer, every so often, on these benches or a favorite lawn chair or porch swing or beach chair, we took a bit of time each week just to sit and be. No items would be checked off our to-do list during that time unless you reserved a space on yours for "quiet reflection" or "prayer" or many a young child's favorite -"doing nothing."

To create room for God to enter in a felt way into our lives means we will need to leave some open space. If we fill every waking moment with busyness, it could be almost impossible for God's presence to squeeze in between. If mindfulness, which is the theme of the book by Sylvia Boorstein with the title that is the quote above, is not something you have delved into, consider this your invitation. No skill is needed and there is no financial cost. Only a bit of that which is a treasure beyond measure – time, along with a focus on the now – not what was and not what will be. This will take a bit of practice, but we have a whole long, beautiful summer to get the hang of it. May yours be filled with regular opportunities for just sitting and being in the quiet and powerful presence of the Divine. You are enough.

> Peace and grace, Kathy



Website: federatedchurchofeastarlington.org Email: federatedchurch05250@gmail.com Church o Facebook: Federated Church of East Arlington YouTube: Federated Church of East Arlington, Vt 25-2548

Church office: 802-375-2548

Report of the Financial Secretary, Sandra Grover2021 Congregational Giving Budgeted:\$ 60,000.00Congregational Giving Received 1/1-6/30/21\$ 25,489.00Williamstown Church—Altar Bible/curriculum810.00

hank



Church attendance

Many via Zoom on computers, phones and tablets and on tv. from many states.

About 30 in person!



Church is who we are, Not where we go!

We were so blessed to have fantastic mornings on Sunday to have worship outside. The music was great and we could all sing and rejoice. Many thanks to all the people who come early to set up and stay late to take down. There are wonderful snacks, and some people take the opportunity to stay and gather round to talk and share. We also have people on Zoom still and can hear everything we do. They cannot see us, but they can see Kathy.

The Farmers Market is doing well, and we have a table every other week. Always need volunteers.

The Summer lunch program is in full swing for the kids and again thanks to Sandy and Pastor Kathy for helping out. Don't forget to donate snacks. You can leave them in the garage.

Our Church has donated, with the help of donations and Mission committee, \$810.00 dollars to the Williamstown United Federated Church. This money is to buy a new altar Bible and curriculum for the Church. It is a start to help them to rebuild after their Church building burned down.

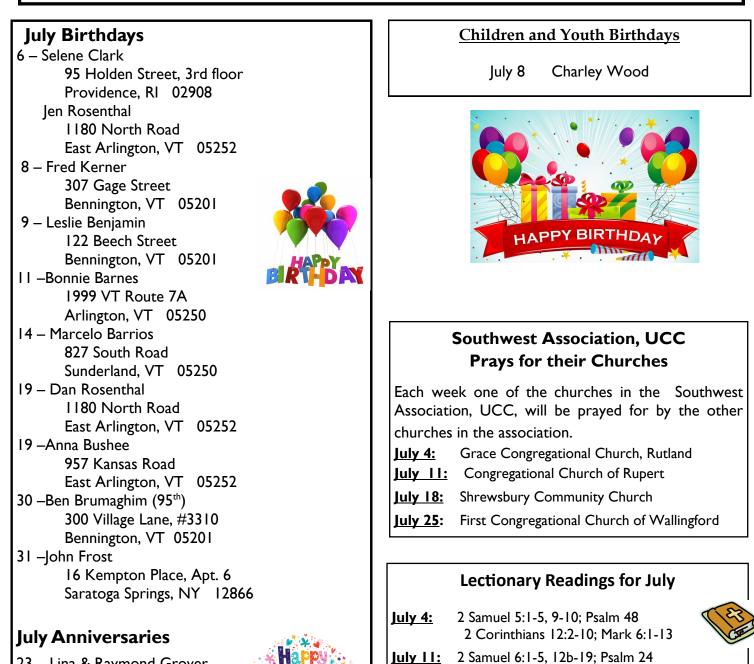
I hope everyone is enjoying the summer.

Peace be with you.

Sue Congdon Church Council Chair

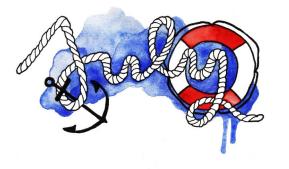
Our Church Council					
Chair, Susan Congdo	on Treasurer, Alyson Grzyb	E>	x Officio, Pastor K	athy Clark	Clerk, Sandra Grover
Building & Grounds Christian Education			Alyson Grzyb Scott Lang	2. Jeff McCo 2.	nnell
Finance Worship & Ministry Missions	Brian Allen	1. H 1. L	Ierb Taylor	 Olavi Wi Phyllis Wi Gail Rice 	

July 2021



23 – Lina & Raymond Grover





In the White Mailbox

Ephesians 1:3-14; Mark 6:14-29

Ephesians 3:14-21; John 6:1-21

Ephesians 2;11-22; Mark 6:30-34, 53-56

July 18: 2 Samuel 7:1-14a; Psalm 89:20-37

2 Samuel 11:1-15; Psalm 14

July Newsletter

<u>July 25:</u>

The July/August UPPER ROOM devotional, "Where the World Meets to Pray"

Church directory



Or join by phone at 1-646-876-9923 and you will be asked for the Meeting ID and you should enter 891 1943 9251 followed by the # sign.

Our services are on GNAT Sundays at 9:30a.m. and 6:00 p.m. and Wednesdays at 6:30 a.m. and 5:00 p.m. on channels 1074, 1084 and 1094.

Also on our Youtube channel: the federated church of East Arlington.

Watch for an email from Kathy with the Sunday bulletin and link to join.

Adventures in Reading

We have an amazing book list being published for the 2021 - 2022 Adventures In Reading, thanks to all of your recommendations. They will be available soon. I would like to wait until Brookdale lifts their restrictions so Janet can join us before we meet for our end of year celebration.

If you or someone you know would like to join Adventures in Reading, please let Phyllis Warren know.

So far our 17 Readers have reported having read 173 books.

Janet Wilson and Phyllis Warren Co-Coordinators





Christian Education

Bible study, Acts, gathers via Zoom on Friday mornings at 9:00 a.m. Contact Kathy for the link.

Sunday School children please stay safe and have a wonderful summer.

Full Plates Vt to replace Farm to Families food box program

The USDA has announced the launch of **Full Plates VT**. Full Plates VT will distribute food boxes at drivethru style distributions throughout all fourteen counties in Vermont. The program is currently scheduled to run from June – September, 2021.

To keep wait times to a minimum, reservations will be required for the distributions. Registration will go live on May 24th and new dates will be added to the registration website every two weeks. To register and see the dates and locations, please visit <u>vtfoodbank.org/</u> <u>gethelp</u> or call 833-670-2254 for assistance.

Note from the Williamstown United Federated Church:

To the Federated Church of East Arlington,

Although the loss of our church building still often seems surreal, the outpouring of support has been very real and inspiring – a true blessing amidst our grief.

So many items wre lost in the fire and your thoughtfulness in reaching out by offering to replace the altar bible and Sunday School curriculum is very much appreciated. Thank you for your support.

God Bless you,

The Williamstown United Federated Church

Many thanks for donating \$405.00. Matched by the Mission Committee, we are able to donate \$810.00 to the Williamstown United Federated Church.



Everyone Eats:

This program helps small restaurants and their employees by supplying meals (free) on Wednesdays.

We have openings if you or someone you know would like a meal and can pick it up between 11 a.m. and 1 p.m. every Wednesday.

Call the office, 375-2548 or email federatedchurch05250@gmail.com to be added to the list.



Clipboards need filling in for Sunday worship:

- Flowers
- Greeter
- Coffee time

Thank you to all who come early to help set up and to take down after the services.

We are family!

July 2021 Dates to Remember

7/2	9:00am 4:00-7:00pm	No Bible study Farmers Market at Arlington Rec. Park
7/4	10:00am	Worship/Communion via Zoom and in- person outside—bring a lawn chair
7/6	3:30-5:30pm	Summer Lunch pick up
7/9	9:00am	Bible study—Acts via Zoom
7/11	10:00am	Worship via Zoom and in-person out ide—bring a lawn chair
7/13	3:30-5:30pm	Summer Lunch pick up
7/16	9:00am	Bible study—Acts via Zoom
7/18	10:00am	Worship via Zoom and in-person out side—bring a lawn chair
	10:45am	Church Council meeting, outside
7/20	3:30-5:30pm	Summer Lunch pick up
7/23	9:00am	Bible study—Acts via Zoom
7/25	10:00am	Worship via Zoom and in-person out side—bring a lawn chair
7/30	9:00 a.m. 4:00-7:00pm	Bible Study—Acts via Zoom Farmers Market at Arlington Rec. Park

FROM THE OFFICE

If you know prayer requests, anyone sick or in the hospital, or needs help, please let Kathy or Sandy know.

Thank you

Kathy: ksclark58@yahoo.com; 733-2162 Sandy: sandragrover@gmail.com; 375-4982;

church office 375-2548 or church email federatedchurch05250@gmail.com

Bible Study The Acts of the Apostles Fridays at 9:00 a.m. via Zoom <u>https://us02web.zoom.us/j/91377329294</u> or Dial on your phone 1-646-876- 9923 Meeting ID: 913 7732 9294 followed by the #

Arlington Area Food Shelf 2021

Our goal: 2,000 pounds 40 pounds added =<u>**1025**</u> pounds The Arlington Food Shelf P.O. Box 723 Arlington, VT 05250



We are joining with other faith communities and non-profits throughout Bennington County to serve as the Arlington/Sandgate/Sunderland location for the "Menstrual Products for All" program. We have a bin, to the right inside the garage door for gathering items or taking what a girl or woman might need. We will share some of what is gathered in the bin with the school nurse at AMHS to be shared with girls there. This is a program sponsored by Planned Parenthood of Northern New England.

Our Arlington Farmers Market Table

At the Arlington Recreation Park

Once again we will have a table at the Arlington Farmers Market every other Friday from **4:00 to 7:00 p.m.** The dates we will be there are:

June 18, July 2, 30, August 13, 27 September 10

We will have a Bake Sale each time with all items pre-wrapped. Please <u>do not</u> price your items as we are going to ask for voluntary donations. The baked goods can be dropped off at the table itself or brought to the Church Office on Friday mornings.

Many of us have many more tote bags than we will ever use (this picture is just a few of the excess ones from Kathy's office) and so, in the spirit of the statewide ban on plastic bags that goes into effect on July 1st, we will offer free tote bags at our table. We will encourage folks to make a monetary donation or bring a non-perishable food item. All food items and monetary donations for the bags will go to the Arlington Food Shelf. You can drop off clean tote bags (please wash any cloth ones) to the Office at any time or our table on any of the dates above.

We also need volunteers to help set-up, take-down and staff our table on our Fridays at the Farmers Market. If you can help out, please be in touch with Kathy or Sandy in the office and let us know your preferred dates and times.

The shifts we need to fill are as follows: Table Volunteer	: 3:30 – 5:30 p.m.
Table Voluntee	r 5:30 – 7:00 p.m.

ARLINGTON VILLACE FARMERS' MARKET

<u>July Z:</u>	
3:30-5:30	Patti and Ginny
5:30-7:00	Barb and Kathy & John
<u>July 30</u> 3:30-5:30	
5:30-7:00	
<u>August 13</u> 3:30-5:30	
5:30-7:00	
<u>August 27</u> 3:30-5:30	
5:30-7:00	

1.



Many thanks to all our table volunteers! Many thanks to all who bake!

Donations

6/18	Federated Church	\$92.00
	Arlington Food Shelf	2.00



Israel Congregation

4TH ANNUAL JEWISH FILM SERIES

Watch (at home). Listen. Chat. Presented by Israel Congregation



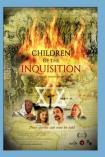
When a world famous conductor is challenged with creating a joint Israeli-Palestinian Youth orchestra, he is faced with insurmountable issues of trust, anger and discord. Can he transform the existing state of frustration into orchestral harmony?

Register to watch July 8th-11th

Listen to and chat with Rabbi Michael Cohen on Monday, July 12th @ 7:00pm (link provided upon registration).

Children of the Inquisition is a fascinating, immersive and educational documentary which unearths 500 years of hidden history. What happened to the families who were forced to convert or flee during the Spanish and Portuguese inquisitions? Many of their descendants are now discovering their nuanced Jewish roots.

Register to watch July 15th-18th



Listen to and chat with Director, Joseph Lovett on Monday, July 19th @ 7:00pm (link provided upon registration).



Asia's motherhood has always been an ongoing struggle rather than an obvious instinct. Becoming a mother at a very early age has shaped Asia's relationship with her teenage daughter Vika. When Vika's health deteriorates rapidly, Asia steps in to become the mother Vika needs. Vika's illness turns out to be an opportunity to reveal the great love between mother and daughter.

Register to watch July 30st-August 1st

Listen to and chat with community members on Monday August 2nd @ 7:00 pm (link provided upon registration).

The Keeper tells the incredible true story of Bert Trautmann, a German POW, who secures the position of goalkeeper on the Manchester City team in spite of British post-war prejudices. Though he wins over his strongest opponents by winning the 1956 final, his love and loyalty for an Englishwoman is ultimately tested.

Register to watch August 12th-15th

Listen to and chat with community members on Monday, August 16th @ 7:00pm (link provided upon registration).



To participate in this film series visit our website: www.israelcongregationvt.org/ jewish-film-series-2021